ROUTE 66 ULTRARUN 2023 FORMS AND COURSE DOCUMENT

Please print and FILL OUT these forms BEFORE coming to check in between 4:00-5:00PM on November 10 at St. Francis Catholic Church, 22440 Schoeney Avenue, Seligman, AZ 86337. These forms include the following.

• RUNNER CHECK-IN FORM

ONE form per runner – or – ONE form per Team COMPLETED to hand in at check in.

 ACKNOWEDGEMENT OF ... RULES AND CONTACT INFORMATION FORM EACH runner/team member and EACH crew person must complete.
 You should have three (runner with two crew) to up to six (for teams of six) COMPLETED copies of this form with you to hand in at check in.

RUNNER AND CREW SHARED MEDICAL INFORMATIN FORM
 EACH runner, EACH team member, and EACH crew member must complete this form.
 You should have three (runner with two crew) to up to six (for teams of six) COMPLETED copies of this form to SHOW during check in.
 You must keep these forms in the crew/team vehicle at all times.

• USATF PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

EACH runner/team member and EACH crew person must complete. You should have three (runner with two crew) to up to six (for teams of six) COMPLETED copies of this form with you to hand in at check in.

IN ADDITION

Each runner and each team MUST show one hard copy of the

ROUTE 66 ULTRARUN ROUTE DESCRITION AND RESOURCES

document at check in.

This document must be kept in the crew/team vehicle at all times.

RUNNER CHECK-IN FORM

ONE form per runner – or – ONE form per Team.

Ru	nner/Team Name:		Runner/Team #:
Nu	mber of Crew Memb	ers/Team Size:	Number of Support Vehicles:
des On	signated crew vehicl e person must be le	e, and an optional shuttle vehicle gally licensed to drive and at lea	rew comprised of at least one four-wheeled motor e, with no more than four crew/5 team members. st on one should speak English. Two crew/team g as a pacer and one in the crew/team vehicle.
Ма	in Crew Vehicle		
Ма	ke:		Model:
Co	lor:		License:
Se	condary Shuttle Cr	ew Vehicle	
Ma	ke:		Model:
Co	lor:		License:
Ru	nner and Crew/Tea	ım Members	
1.	Runner/Team Cap	tain Name:	
	•	of Rules and Contact Inform	
	□ Yes	□ No	
	Shared Medical Inf	ormation form?	
	□ Yes	□ No	
	USATF Waiver?		
	□ Yes	□ No	
	One hard copy of D	Description/Resources Documen	t in hand?
	□ Yes	🗆 No	

2.	Crew Chief/Team Member 2 Name:						
	Acknowledgement of Rules and Contact Information form?						
	□ Yes	🗆 No					
	Shared Medical Infe	ormation form?					
	□ Yes	□ No					
	USATF Waiver?						
	□ Yes	□ No					
3.	Crew/Team Member 3 Name:						
	Acknowledgement	of Rules and	Contact Information	ation form?			
	□ Yes	□ No					
	Shared Medical Infe	ormation form?					
	□ Yes	□ No					
	USATF Waiver?						
	□ Yes	□ No					
4.	Crew/Team Membe	er 4 Name:					
	Acknowledgement						
	□ Yes	□ No					
	Shared Medical Information form?						
	□ Yes	🗆 No					
	USATF Waiver?						
	□ Yes	□ No					
5.	Crew/Team Member 5 Name:						
	Acknowledgement of Rules and Contact Information form?						
	Shared Medical Information form?						
	□ Yes	🗆 No					
	USATF Waiver?						
	□ Yes	□ No					
6.	Team Member 6 Na	ame:					
	Acknowledgement	of Rules and	Contact Information	ation form?			
			□ Yes	□ No			
	Shared Medical Infe	ormation form?	□ Yes	□ No			
	USATF Waiver?		□ Yes	□ No			

ACKNOWEDGEMENT OF UNDERSTANDING THE RACE RULES AND CONTACT INFORMATION

EACH runner/team member and EACH crew person must complete.

I hereby acknowledge that I have thoroughly read and understand the Route 66 UltraRun rules, and agree to abide by the same, including, but not limited to, having fun, being nice, staying safe, and savoring and enjoying the experience. I will have ultra-fun!

PRINTED Name Date Signature **Runner** – or – Crew? My home address is: City, ST Zip Code (or other) My cell phone number is: My email address is Area code and number Email In case of an emergency, contact: **Full Name** Relationship Phone

RUNNER AND CREW SHARED MEDICAL INFORMATIN FORM

EACH runner, EACH team member, and EACH crew member must complete this form.

While we certainly hope no one will need first-aid type medical help from our medical team, nor emergency medical response (EMR) from any of the first responders that are always willing to respond in the case of any emergency, we want those folks to have key medical information that may guide or alter their treatment. In respect of your privacy, rather than having race staff holding this information in some remote location along the course, it is most practical and important to:

Have these forms in the crew/team vehicle at all times

Name: _____ Date of Birth/Age: _____

Significant Medical History and Information:

Any medical implants, pace makers, hardware; blood type if you know it; any religious limitation regarding treatment; or anything else you feel is important to share with your team and first responders.

Significant Medical Conditions:

Include things like allergies (medications, food, bee stings, etc.). Race medical will not have EpiPens, so:

If allergies are severe, location of your EpiPens!

If you have asthma: location of your rescue inhaler. Other conditions you feel are important to share with your team and first responders.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

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Event Location:

Event Date(s):

Sanction #:

For and in consideration of USA Track & Field, Inc. ("USA Track & Field" or "USATF") allowing me, the registrant, to participate in the USA Track & Field sanctioned event I am registering for herein (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby represent that (i) I am at least eighteen (18) years of age (or this Agreement is also agreed to by my parent, natural guardian, or legal guardian (the "Guardian"));
 (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.
- 2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sports of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease (including communicable disease), permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers (as defined in Section 4 below); and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions or the actions or inactions of others participating in or organizing the Event, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties (as defined in Section 4 below).
- 3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competition Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
- 4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties, as relevant and applicable in each instance: USATF, its members, clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the event directors, the host organization and the facility, venue and property owners or operators upon which the Event takes place; and any other organizers, promoters, sponsors, advertisers, coaches and officials for this Event; law enforcement agencies and other public entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which may be incurred as the result of such claim, except to the extent caused by the gross negligence and/or willful misconduct of any of the gross negligence and/or willful misconduct of any of the Released by the gross negligence and/or willful misconduct of any be incurred as the result of such claim, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released by the gross negligence and/or willful misconduct of any of the extent caused by the gross negligence and/or willful misconduct of any of the extent caused by the gross
- 5. As a condition of my participation in the Event, I hereby grant USA Track & Field, the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any media platform or format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the Event, USATF, or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent.

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by accepting it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have accepted this Agreement without any inducement, assurance or guarantee, and intend for my acceptance to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous and represents an extreme test of a person's physical and mental limits. Further, the Guardian acknowledges and understands the Risks, as defined above. b) The Guardian acknowledges the rights waived by both the Guardian and the participant by accepting this Agreement. c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability which may arise out of, result from, or relate in any way to the participant's participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties.

Participant Name (or Guardian): Minor Name #1: Minor Name #2: Minor Name #3:	Age: Age: Age: Age: Age:	Date of Birth: Date of Birth: Date of Birth: Date of Birth:		Male Male	Female Female Female Female
Home Address: Team Name	Email Address	Home Tel.: (_)		